

JADWAL & MENU MPASI DITA 8 BULAN

(<http://alummongga.wordpress.com>)

	MINGGU	SENIN	SELASA	RABU	KAMIS	JUM'AT	SABTU
				1- 18/02/2009	2- 19/02/2009	3- 20/02/2009	4- 21/02/2009
09.00				BTP+labu tangwe	BTP+labu tangwe	BTP+BKH	BTP+BKH
12.00				mangga	mangga	mangga	----bobok----
16.00				nasi tim saring+kaldu ayam+jagung manis+asparagus	nasi tim saring+kaldu ayam+jagung manis+asparagus	nasi tim saring+kaldu ayam+jagung manis+zuchini	nasi tim saring+kaldu ayam+kembang kol+asparagus
Note				TATA	TATA, 07.00,15.30 pup kuning kehijauan, lembek	TATA, 13.00 : pup kuning, lembek	TATA, 09.30 : pup kuning, lembek
	5- 22/02/2009	6- 23/02/2009	7- 24/02/2009	8- 25/02/2009	9- 26/02/2009	10- 27/02/2009	11- 28/02/2009
09.00	BBM+wortel baby	BBM+wortel baby	BBC+asparagus	kabocha+pear	kabocha+pear	BTP+kabocha	BTP+BKH
12.00	apel+jeruk manis+plum	apel+jeruk manis	semangka kuning+pear	semangka kuning+apel	semangka kuning+apel	semangka kuning+timun jepang	semangka kuning+apel
16.00	nasi tim saring+kembang kol+zuchini	nasi tim saring+daging ayam+kaldu ayam	nasi tim saring+daging ayam+kaldu ayam+tempe	nasi tim saring+daging ayam+kaldu ayam+bayam	nasi tim saring+daging ayam+kaldu ayam+zuchini+wortel	nasi tim saring+daging ayam+tomat+zuchini+wortel	nasi tim saring+daging ayam+tomat+zuchini+tahu
Note	TATA	TATA, 20.30 : pup kuning, lembek	TATA, 08.00 : pup kuning, lembek	TATA, 11.00 : pup kuning, lembek	TATA, 08.03 : pup kuning, lembek	TATA, 10.00 : pup kuning, lembek	TATA, 12.30 : pup kuning, lembek
	12- 01/03//2009	13- 02/03/2009	14- 03/03/2009	15- 04/03/2009	16- 05/03/2009	17- 06/03/2009	18- 07/03/2009
09.00	BKH+jeruk manis	BKH+jeruk manis	BBM+kabocha	BBC+kabocha	BTP+jeruk manis	BTP+jeruk manis	outmeal+apel
12.00	melon+apel	alpukat+pear	alpukat+pear	melon+apel	apel	apel	melon+apel
16.00	nasi tim saring+hati ayam+brokoli+tahu	nasi tim saring+hati ayam+brokoli	nasi tim saring+hati ayam+tempe	nasi tim saring+hati ayam+tempe+wortel	nasi tim saring+hati ayam+brokoli+wortel	nasi tim saring+jagung+brokoli+wortel +tomat	nasi tim saring+kaldu sapi
Note	TATA	TATA, 18.00 : pup kuning, lembek	TATA, 06.30, 16.00 : pup kuning, lembek	TATA	TATA, 06.00 : pup kuning , lembek	TATA, 10.00 pup kuning, lembek	TATA
	19- 08/03/2009	20- 09/03/2009	21- 10/03/2009	22- 11/03/2009	23- 12/03/2009	24- 13/03/2009	25- 14/03/2009
09.00	outmeal+apel	outmeal+BKH	BKH+melon	BKH+melon	BTP+outmeal	BTP+outmeal	BBM+apel
12.00	melon+apel	pepaya	pepaya+bengkoang	pepaya	pepaya	pepaya+pear	pepaya+pear
16.00	nasi tim saring+daging sapi+kaldu sapi+finger food wortel	nasi tim saring+daging sapi+kaldu sapi+bayam+tempe	nasi tim saring+daging sapi+kaldu sapi+bayam+tempe	nasi tim saring+daging sapi+kaldu sapi+zuchini+wortel	nasi tim saring+daging sapi+kaldu sapi+zuchini+wortel	nasi tim saring+daging sapi+zuchini	nasi tim saring+daging ayam+kaldu ayam+kembang kol+tomat
Note	TATA, 13.00 : pup kuning, lembek	TATA, 08.00,15.00 : pup kuning, lembek	TATA, 12.00,20.00 : pup kuning, lembek	TATA	TATA, 16.00 : pup kuning, lembek	TATA, 17.30, 20.00 : pup kuning, lembek	TATA, 12.00 : pup kuning, lembek
	26- 15/03/2009	27- 16/03/2009	28- 17/03/2009				
09.00	BTP+BKH	BBM+pear	BBC+wortel				
12.00	pepaya+apel+kiwi	apel+pear+kiwi	apel+pear+kiwi				
16.00	nasi tim saring+daging ayam+kaldu ayam+kembang kol+zuchini+finger food kentang	kentang+daging ayam+kaldu ayam	kentang+daging ayam+kaldu ayam+brokoli				
Note	TATA, 15.00 : pup kuning, lembek	TATA, 15.00 : pup kuning, lembek	TATA, 16.30 : pup kuning, lembek				